

Suffolk Schools Regatta 2017 Booking Pack

Supported and sponsored by



Suffolk Schools Regatta, Thursday 29th June 2017

Once again we are running two regattas simultaneously:

Onboard Regatta

This is a regatta for those with some sailing experience, who have never raced before. Typically they would have had at least 6 sailing lessons and be able to sail on all points of sail, including up wind!

During the day there will be a gentle introduction to dinghy racing, with support in areas such as starts / finishes, course, rules and mark rounding. There will also be lots of opportunities to compete for honours.

Main Regatta

This year we plan to run the event on a similar basis to previous years:

We are planning to run 6 fleets over 2 courses:

Course A

- *Laser Fleet*: Standard, Radial and 4.7
- *Feva Fleet*
- *Fast Fleet*: Dinghies with a PY of 1200 or less

Course B

- *Tera Fleet*: Sport & Pro
- *Topper Fleet*
- *Slow Fleet*: Dinghies with a PY of 1201 or more

Please read all the general information and competitor Instructions in the booking pack. Any questions – please contact Alton Water

Also download the event Excel Entry Form (see page 4), Notice of Race and Sailing Instructions from the AWSC website (www.altonwater.co.uk) and read them carefully.

Awards Available

Team Trophy - Schools Shield

A school will be eligible for this competition if they have at least 1 boat in 3 of the main regatta fleets. Their best placed boat in each fleet counts to the school's total score and the School with the lowest score wins.

Hired Boats - Geoff Chapman Trophy

All schools that have racers sailing hired boats across the main regattas will be eligible for the Geoff Chapman Trophy. The winner will be the school with the best performing hire boat in relation to fleet size.

Chairman's Trophy

This is a discretionary Trophy awarded to a school or individual involved in the main regatta. This may be awarded for outstanding effort, sportsmanship or any other quality demonstrated as identified on the day.

Booking Instructions

To enter a team the team manager needs to download, complete and email back the Excel entry form, which can be downloaded from the Alton Water website.

Please note

- **Handwritten and scanned forms will no longer be accepted.**
- The completed form should be returned to schools@altonwater.co.uk by the 23rd June.
- The form has a number of dropdown boxes to ensure accurate data entry.
- Hire boats
 - Single handers available Toppers and RS Tera Sports
 - RS Qubas, RS Fevas STD (limited availability) or Topaz Unos which can be single or double handers.
 - To book a hire boat simply select the dinghy required in the drop down list and denote hire in the Private / Hire drop down box on the spreadsheet.
- It is critical that you enter each sailor into the correct fleet using the drop down box, there are seven choices:
 - Onboard: This is the fun beginner's regatta, which can be any dinghy.
 - Main regatta fleets:
 - Topper
 - Feva
 - Laser for Laser, Laser 4.7 and Laser Radials
 - Tera for Tera Sports and Pros
 - Slow Handicap for dinghies with a PY of 1201 or more
 - Fast Handicap for dinghies with a PY of 1200 or less
- Entry fee per competitor is £7.50.
- Cost of boat hire is £10 per boat.

Payments

Payments need to be paid by cheque

- Payable to AWSC
- On the reverse please write “Suffolk Schools Regatta 2017”, and the school’s name.
- Send the cheques to:

Centre Manager

Alton Water Sports centre

Holbrook road

Stutton

Suffolk

IP92RY

Parental Consent Forms

The team manager must ensure that each sailor has a completed parental consent form which must be handed in during registration on the day. **No child will be allowed on the water without a completed form.**

Health Information Sheet

The team manager must ensure that each child is issued with a copy of the Health information sheet before the day.

General Information

1. All competitors must be in full time education and under the age of 19 on 31/8/2017
2. **All entries must be made by 9am on Friday, 23rd June 2017.**
3. The Café will be open, however, if competitors wish to order food for lunch, it is recommended that they pre order before the start of racing so as to minimise possible delays.
4. If your school is using its own or privately owned craft the team manager must ensure that the craft has adequate buoyancy and third party insurance up to the value of £2,000,000.
5. All sailors must be accompanied by a Team Manager.
6. The Team Manager must ensure that all team members have adequate clothing and refreshments for the day.
7. The Team Manager is also responsible for all the team's behaviour and its care onshore.
8. In an emergency the Team Manager is responsible for taking a roll call of all of their team, once they are ashore, and informing AWSC staff of any issues.
9. If the Team Manager is not a member of the school's staff, consent for absence of competitor(s) must be obtained from the school.
10. All sailors must wear personal buoyancy at all times whilst afloat.
11. There will be some buoyancy aids and wetsuits available on the day for those that require them.
12. The main regatta Notice of Race, Sailing Instructions and the programme for the day will be online shortly.
13. Private dinghies may be delivered to Alton Water on the evening of the 28th, before 7.30pm or on the day. All boats are left on site at their owner's liability.
14. Team Managers MUST provide correct sail number information AT LEAST 30 MINUTES BEFORE racing begins. Any entry without or incorrect sail number will not be scored.
15. Please be aware no adjustment to PY will be made if a double handed dinghy is sailed single handed.
16. PYs will be in accordance with those published in the Notice of Race. Any boats not included in the list will be given a local handicap by the race committee.
17. Any queries regarding race results or protest must be made by the Team Manager, by completing a Scoring Enquiry Form obtainable from the Regatta Race Office and not parents or competitors.
18. Registration on the day is by the Team Manager and not individual sailors, individual sailors/parents will be turned away from the registration desk.

Sailing Boats for Hire

There are a number of craft available for competitors to hire for the regatta. These are allocated on a strictly first come first serve basis, at a cost of £10.00 per boat:

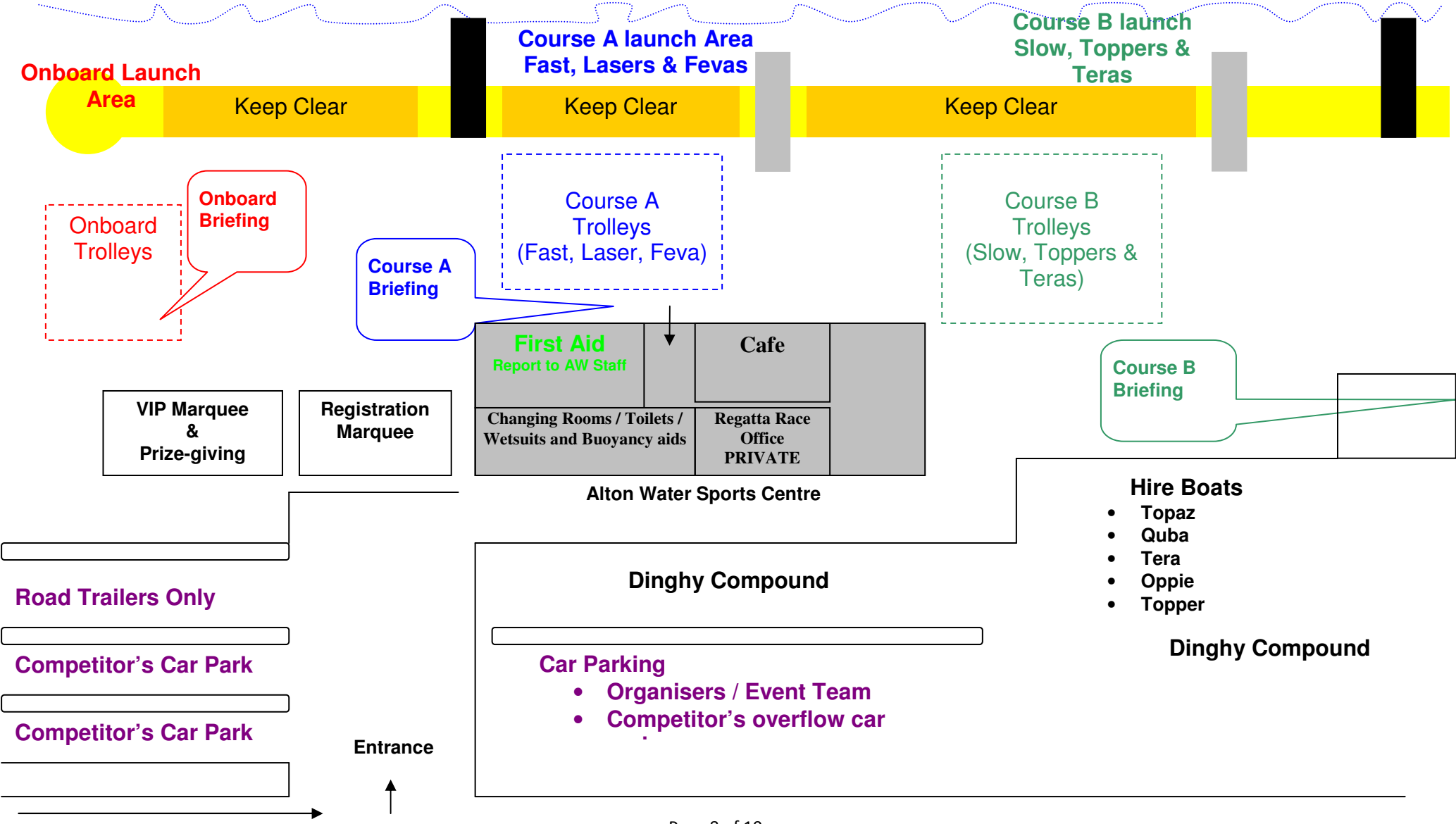
Single Handers	Double Handers
Tera Sport	RS Quba
Topaz	Topaz
Toppers	
RS Quba	

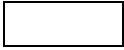
Programme for the day

07:30	Open to the Public & Registration
08:45	Registration Closes
09:15	Competitor Briefing
10:00	Race 1
11:00	Race 2
12:30	Lunch
13:15	Race 3
14:45	Race 4
15:45	Off the water
TBC	Prize giving in the VIP Marquee

This is the provisional programme, however things may have to change without notice, mainly due to prevailing weather conditions.

Schools Regatta 2017





Parental Consent Form

Name of Young Person..... Date of BirthAge.....
 School attended Date of Activity

I have received and read details of the programme. I acknowledge that staff will be liable in the event of any accident only if they have failed to take reasonable care of my son/daughter during the programme, I give permission for my child to take part in the activity or an alternative activity where circumstances dictate that the original activity cannot go ahead i.e. poor weather.

Sign.....Date.....

I consent to my son/daughter receiving medical treatment, which, in the opinion of a qualified medical practitioner, may be necessary.

Please tick the box to confirm that you **consent** for your child to be given a plaster / surgical tape to cover minor wounds:

Doctor's name and address

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I have read the information issued by the centre concerning Weil's Disease and I will ensure that my son's/daughter's Weil's Disease information sheet is kept safely.

PLEASE COMPLETE THE SECTIONS BELOW

- Please give your home address and telephone number. If you will be away from home during the activity, give an alternative address where you, a relative or friend acting for you, can be contacted.

Home Address

Alternative Contact if Required

Name

Name:

Address.....

Address:

.....

.....

Post Code.....

Post Code.....

Tel:

Tel:

Mobile:

Mobile:

- In your son/daughter's interest, it is important that the organising staff should know whether he/she suffers from any illness, disability or medical condition. Please use this space to state, in confidence, any health or other matter concerning your child of which accompanying staff should be aware. Please indicate here also if your child is receiving medication, with details and dosage, and/or has any specific dietary requirements. Please let the organising staff know if you child needs to have their inhaler close to hand during an activity.

.....

- Please tick the box to confirm that your child can swim more than 25 metres, not being able to will not preclude your child from taking apart in the activity. It helps the instructors to have an understanding of the abilities of the students, when planning sessions

PHOTOGRAPH CONSENT

- As part of the work we do with young people AWSC occasionally take photographs or videos of various activities. These may then be displayed and published on our web site to promote and celebrate the work.

Please tick the box if you **do not** want photographs of your child displayed and published on our web site.

- From time to time, Waters Sports centres may be visited by the media who will take photographs, film footage or carry out radio interviews. These imagines maybe published in the local or national press, on televised news programmes and on the internet. Photos for the media and other publicity purposes may also be taken at events where our organisation is taking part.

Please tick the box if you **do not** want photographs taken of your child by the media

HEALTH INFORMATION SHEET

WEIL'S DISEASE

NOTICE TO STUDENTS AND PARENTS

Weils Disease is caused by an organism which is present in many rivers, lakes and estuaries. There is a very small chance of catching the disease while taking part in water based outdoor activities.

Weils Disease responds well to early treatment. Left untreated, it has occasionally proved fatal.

Sensible precautions should be taken to minimise the risk. You will be told about these by your teacher or instructor.

The early symptoms of the disease are similar to influenza and include headache, temperature and joint or muscle pains.

If you fall ill with these symptoms within three weeks of taking part in water based activities, you should see your doctor immediately and show this card.

Please also inform your teacher, group leader or instructor.

WEILS DISEASE

NOTICE TO GENERAL PRACTITIONERS

The holder of this card has recently taken part in water sports or other water-based outdoor activities organised by a County School, Youth Group or Water Sports' Centres.

Cases of Weils Disease (Leptospirosis) have occurred in this region. Perhaps you may care to consider this diagnosis.

Urgent treatment is essential for Weils Disease. Advice on laboratory diagnosis may be obtained from you local hospital's Microbiology Department.

Thank you for your co-operation. For further information, please contact your local consultant Microbiologist.

Issued by Suffolk County Council
For further information contact the County Outdoor Education Officer
Tel: 01473 264706

Important

The contraction of a water based disease is rare, and Weil's disease is the most common, but it not the only illness that can be passed to a human. If you notice any change in the health of anyone that has taken part in a water based activity, please follow the same advice given for Weil's disease and seek medical attention and pass this sheet onto your doctor.