



SUFFOLK SCHOOLS REGATTA 2018

Thursday 28th June 2018

SAILING INSTRUCTIONS

1.0 RULES

- 1.1 The event will be governed by the **Racing Rules of Sailing (RRS)**, and the prescriptions of the RYA (except as supplemented and amended by these sailing instructions).
- 1.2 Racing **Rule 26** is changed as described in SI 9.3.
- 1.3 Racing **RRS 40** is changed - Flag Y will not be flown.
- 1.4 Personal flotation devices are to be worn at all times whilst on the water.
- 1.5 The crews of all Official boats, including the Committee boat and safety boats, are designated members of the race committee.

2.0 ENTRIES

2.1 Condition of Entry

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the event. Neither these sailing instructions nor any inspections of the boat limits or reduces the absolute responsibility of the owner/person in charge of the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury caused to the owner/person in charge or crew, as a result of their taking part in the race or races.

Moreover, every owner/person in charge warrants the suitability of the boat for the race or races. This condition does not override statutory rights.

- 2.2 Eligible boats may be entered by completing registration with the Alton Water.
- 2.3 Entries from persons under 18 years of age must be countersigned by a parent or guardian.
- 2.4 The race series is open to all boats with a Portsmouth Number.

3.0 NOTICE TO COMPETITORS

- 3.1 Notice to competitors will be posted on the official notice board situated in the Event marquee.
- 3.2 Any changes to the sailing instructions will be posted on the official notice board, half an hour before the advertised start of the race or races concerned.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be hoisted on the flagpole located on the Club balcony at the western end.
- 4.2 **Flag AP** with two sound signals (one sound signal when lowering) means 'The race is postponed'. The warning signal will be made no less than 15 minutes after AP is lowered.

5.0 SCHEDULE OF RACES AND BRIEFING

- 5.1 The Regatta will be sailed on Thursday 29th June 2017 with the first start scheduled at 10am. Subject to suitable weather conditions, it is proposed to sail two races before lunch and two races after lunch. No more than 4 races to be sailed.
- 5.2 A briefing will take place at 9.15am either in the Event Marquee or outside of the Club House in front of the map of the reservoir.
- 5.3 Fleet Starts – It is envisaged that there will be a maximum of six fleets across two race areas. Fleet allocation and race areas will be defined at the briefing. Provisional fleets and first race start times (and subsequent start sequences) will be as follows:

Race Area	Fleet	PY	Typical Classes	Warning	Start
A	Fast	1200 or less	29ER, RS500, RS300, RS200, 420, Buzz, Firefly, Streaker, Byte CII, Lark, Solo	09.54	10.00
	Laser		Laser Standard, Radial and 4.7	09.57	10.03
	Topper		Topper and Topper 4.2	10.00	10.06
B	RS Feva		RS Feva XL and Feva Standard	09.54	10.00
	RS Tera		Tera Sport and Tera Pro	09.57	10.03
	Slow	1201 or more	Cadet, Optimist, Mirror, Topaz Uno and RSQuba Sport	10.00	10.06

- 5.4 It is the intention that the pre-lunch races (ie Races 1 and 2) will be sailed back-to-back and the post-lunch races (3 and 4) will also be sailed back-to-back.

6.0 SAFETY

- 6.1 Team Managers shall be responsible for ensuring that all their **competitors sign on** before going afloat for each race or group of races when sailed back-to-back and to **sign off** as soon as they come ashore after each race or group of races. If retiring from a race, competitors shall indicate their retirement by signing off and by completing an entry on the **DNF & Retirement Form** available from the Regatta Race Office.
- 6.2 If a competitor does not comply with SI 6.1, the Race Committee may report that fact to the Protest Committee under **RRS 60.2(a)**.
- 6.3 The Team Manager must ensure that each sailor has a completed parental consent form which must be handed to AWSC on the day, no child will be allowed on the water without a completed form.
- 6.4 The Team Manager must ensure that each child is issued with a copy of the Health information sheet before the Regatta.
- 6.5 The Team Manager must ensure that all team members have adequate clothing and refreshments for the day.
- 6.6 The Race Committee may hold a boat ashore, or require a boat to go ashore at any time when afloat, whether racing or not, if it considers that:
(a) The boat, her equipment, or the clothing of helm and/or crew is not adequate for the conditions.
(b) The physical condition of the helm and/or crew is not adequate for the conditions.
Such boats will be scored DNC, DNS, or DNF, as appropriate.
- 6.7 Helms shall not be replaced.
- 6.8 Except by written permission of the Race Committee:
a) Crew may not be substituted.
b) A helm may only use one boat.

7.0 COURSES

- 7.1 Courses and number of laps to be sailed will be displayed ashore at the race briefing. In the event of a change of course to be sailed then **Code Flag C** will be displayed on the committee boat and the new course displayed on a course board on the 'outer' side of the committee boat. Multiple sound signals will be made as Code Flag C is raised. Code Flag C will be removed on the completion of the changed course race.
- 7.2 Typical courses are given in APPENDIX 1 and APPENDIX 2. **Please note that these are subject to change depending on the prevailing weather conditions.**

8.0 MARKS

8.1 Course marks may be a mix of Club marks (yellow numbered cylindrical buoys denoted by numbers or letters) and/or unmarked inflatable or dan buoys and will be described during the race briefing.

9.0 RACE START




9.1 Boats will be deemed to have started and recorded as such if the helm has signed on before launching and comes to the start area.




Competitors retiring should take steps to inform the Race Officer or Safety Boat crew of their retirement as soon as is practicable.

9.2 Races will usually be started from a Committee boat. The start line will be a line between the mast on the committee boat flying an orange flag and a distance mark as described on the course board.

9.3 **RRS 26** is changed and the starting sequence will be as follows: The warning signal (Class flag) will be displayed accompanied by a single sound signal, three minutes later the preparatory signal will be displayed accompanied by a single sound signal, after a further two minutes a single sound signal will be made signifying one minute to the start and after a further minute the warning signal and preparatory signal will be removed and a single sound signal made to signify the start. In practise, with multiple starts, the preparatory signal will stay up until the last start.

9.4 Class warning flags will be:

FLEET	CODE FLAG	PY
<i>Fast</i>	F 	1200 or less
<i>Laser (all rigs)</i>	Numeral 7 	Laser Standard - 1098 Laser Radial - 1142 Laser 4.7 - 1207
<i>Topper (all rigs)</i>	T 	Topper 1358 Topper 4.2 1416

FLEET	CODE FLAG	PY
<i>RS Feva (all rigs)</i>	R 	Feva XL - 1240 Feva Std - 1280
<i>RS Tera (all rigs)</i>	H 	Tera Sport - 1432 Tera Pro - 1364
<i>Slow</i>	V 	Greater than 1200

9.5 Times are to be taken from the visual signals and the absence of a sound signal shall be disregarded.

9.6 No boat shall start later than 3 minutes after her starting signal.

9.7 The starting procedure will be modified to take account of any additional classes sailing as a fleet.

9.8 Boats whose preparatory signal has not been displayed must keep clear of the starting area. Boats repeatedly failing to keep clear of the start area during other classes' start sequences may be protested by the OOD.

9.9 Recall procedures will be as **RRS 29** with penalties as **RRS 30**.

It is anticipated that all recalled starts will start under a modified black flag sequence either

- in the order that they were recalled
- or in a single combined start
- at 3 minute interval(s) after the last scheduled start (unless it is for the last scheduled start when there will be a 6 minute interval)

A black flag start will have a modified start sequence:

- Black flag flown at 3 minutes to start with associated Class flag or for combined starts Flag Q
- Class flag removed at start (with Black flag removed on last recalled restart)

In the event of a recalled start being recalled, the above procedure will be repeated as necessary at anticipated 6 minute intervals.

10.0 THE FINISH

- 10.1 For Courses A and B, THE LAP FINISH/RACE FINISH LINE MUST BE CROSSED ON EVERY LAP, i.e each boat must sail between the committee boat and the 'finish' distance mark (as defined by the course).**The LAP FINISH / RACE FINISH line may not be the same as the START LINE.**
- 10.2 The Race Officer may finish any boat, at his/her discretion, that is detached from their class/fleet leader as they cross the line. Their elapsed time will be modified by an appropriate multiplication factor such that that they sailed the requisite number of laps. The intention is only to use this 'early finishing' to maintain an orderly restart sequence for back-to-back racing. An 'early finisher' will be hailed to the effect that they have finished and a sound signal given as they cross the line.
- 10.3 When finishing, boats shall make every attempt to make their sail number visible to the committee boat.
- 10.4 After finishing and clearing the finish line, boats shall keep clear of the finishing area and of all boats not yet finished.
- 10.5 Boats re-crossing the finishing line will be deemed to be correcting themselves and will be recorded accordingly.

11.0 EXONERATION PENALTY, ADVISORY HEARING & ARBITRATION HEARING

11.1 EXONERATION PENALTY

- 11.1.1 A boat that may have broken a rule of **RRS Part 2**, or **RRS 31 or 42**, may, after finishing the race concerned and before the start of a related protest hearing, notify the race committee that she accepts a 20% scoring penalty as stated in **RRS 44.3(c)**, (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under **RRS 30.3** (Black Flag Rule) or a penalty under **Appendix P (RRS 42)**. It is not available for a breach of **RRS 2** (Fair Sailing) or of class rules or for gross misconduct under **RRS 69**. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances her penalty is to retire.
- 11.1.2 When an exoneration penalty is accepted:
 - (a) Neither the boat nor a protest committee may then revoke or remove the penalty.
 - (b) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

11.2 ADVISORY HEARING

- 11.2.1 When there is an incident that will not result in the lodging of a protest or a request for redress, a boat, protest committee or race committee may request an advisory hearing with the race office, and notify any boat involved in the incident. An advisor will then call a hearing to learn what may have happened and will state whether any rule appears to have been broken, and by which boat. A boat may as a result notify the race office that she accepts an Exoneration Penalty when it applies to the incident, or choose to retire.

11.3 RYA ARBITRATION

- 11.3.1 When a protest or request for redress is lodged, a boat may at the same time request RYA Arbitration, or the protest committee or race committee may offer it.
- 11.3.2 If the parties and a member of the protest or race committee agree that RYA Arbitration is suitable, an arbitrator (who may be a member of the protest committee) will call a hearing conforming to Section B of Part 5 of the Racing Rules of Sailing, except that **RRS 64.1(a)** will not apply. Instead, when the arbitrator decides that a boat that is party to the arbitration hearing has broken a rule for which the Exoneration Penalty is available, the party will be invited to accept that penalty, and, if it is accepted by a protested boat, the protesting boat will be allowed to withdraw the protest, changing **RRS 63.1**.
- 11.3.3 When there is not an agreement to use RYA Arbitration, or when, after RYA Arbitration, a protest is not withdrawn or the Exoneration Penalty is not applicable to the facts, there will be a normal protest hearing, at which the arbitrator may be a member of the protest

committee. **RRS 66** (Reopening a Hearing) will not apply to the arbitration decision. A boat may still accept an Exoneration Penalty at any time before the start of a protest hearing and receive its protection from further penalization. She may also retire.

11.3.4 When redress is offered and accepted at the RYA Arbitration, the protest committee or race committee may seek to have this reviewed by asking for a full hearing. When redress is offered and not accepted, or not offered at all, the boat may have her request heard before a protest committee.

12.0 PROTESTS AND REQUESTS FOR REDRESS

12.1 Boats that fail to start or finish correctly or to sail the course as set and thus fail to comply with **RRS 28** may be disqualified without protest or a hearing. The race committee shall record the finishing time or place as appropriate as well as noting the disqualification. Boats may apply for redress if they believe an error has been made. This changes **RRS 63.1**.

12.2 As an alternative to a protest hearing for an alleged breach of a rule in Part 2 of the Racing Rules of Sailing (RRS), the Exoneration Penalty (and Advisory Hearing and RYA Arbitration procedures) of the RYA Rules Disputes Procedures will be available.

12.3 **Notice of intended protest shall be lodged with and acknowledged by the Committee or Jury boat at the end of the relevant race. This should be done verbally whilst still on the water and before the protesting party returns to shore or the next race is sailed.** This intention must be acknowledged by the Committee /Jury boat to constitute a valid protest. This changes **RRS 61**. **Measurement protests will only be accepted from either the Race Committee or Jury.** This changes **RRS 60.1(a)**.

12.4 Protests shall be written on forms available after the race at the Centre office and delivered back there within 30 minutes after the last boat comes ashore **by the relevant Team Manager. Protest Forms WILL NOT be accepted from anyone other than a Team Manager.**

12.5 The Protest Committee will hear protests as soon as possible in approximately the order of receipt of the protest forms.

12.6 Notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are party to a protest or named as witnesses.

12.7 Notice of protests by the race committee or the protest committee will be posted to inform boats under **RRS 61.1(b)**.

12.8 Breaches of instructions 1.3, 1.4, 4, 6.1, 8, 9.8 and 16 will not be grounds for protest by a boat. This changes **RRS 60.1**. Penalties for these breaches may be less than disqualification if the protest committee so decides.

12.9 On the last scheduled day of racing a request for reopening a hearing shall be delivered:

- (a) Within the protest time limit if the requesting party was informed of the decision on the previous day.
- (b) No later than 30 minutes after the requesting party was informed of the decision on that day. This changes **RRS 66**.

12.10 At the discretion of the Race Committee, a £5 donation to the RNLI will accompany all protest forms.

13.0 REGATTA SCORING

13.1 The low points scoring system, **Appendix A2**, will apply. Ties will be broken by the procedure laid down in Appendix A8. Race scores for DNF, RAF, DSQ, DNS and DNC will be in accordance with **Appendix A4.2**.

13.2 The number of races to be discarded will be as follows:

- 4 races sailed - 1 discard
- Less than 4 races sailed - no discard.

13.3 The following fleets will be scored on elapsed time and handicap: Fast, Laser, RS Tera and Slow. The Topper and RS Feva fleets will be scored on finishing place.

13.4 **Scoring queries shall only be accepted from Team Managers who shall complete and submit a Scoring Enquiry Form obtainable from the Regatta Race Office.**

14.0 RACE TIME LIMIT

14.1 The time limit for the first competitor in each fleet to complete each race will be 1 hour. All boats finishing within 30 minutes of the first boat in their fleet will be scored. The remaining boats will be classed as DNF.

15.0 COACH/SUPPORT BOATS

15.1 All coach or support boats to be outside the course area at all times and not make verbal or physical contact with competitors unless asked to assist by the Safety Lead.

16.0 LOCAL VARIATIONS

16.1 By entering the event, all competitors agree to read and abide by the Alton Water Sports Centre Rules and Regulations, see <http://www.altonwater.co.uk/index.php?pid=212>.

APPENDIX 1 – RACE AREA A (Schematic not to scale)

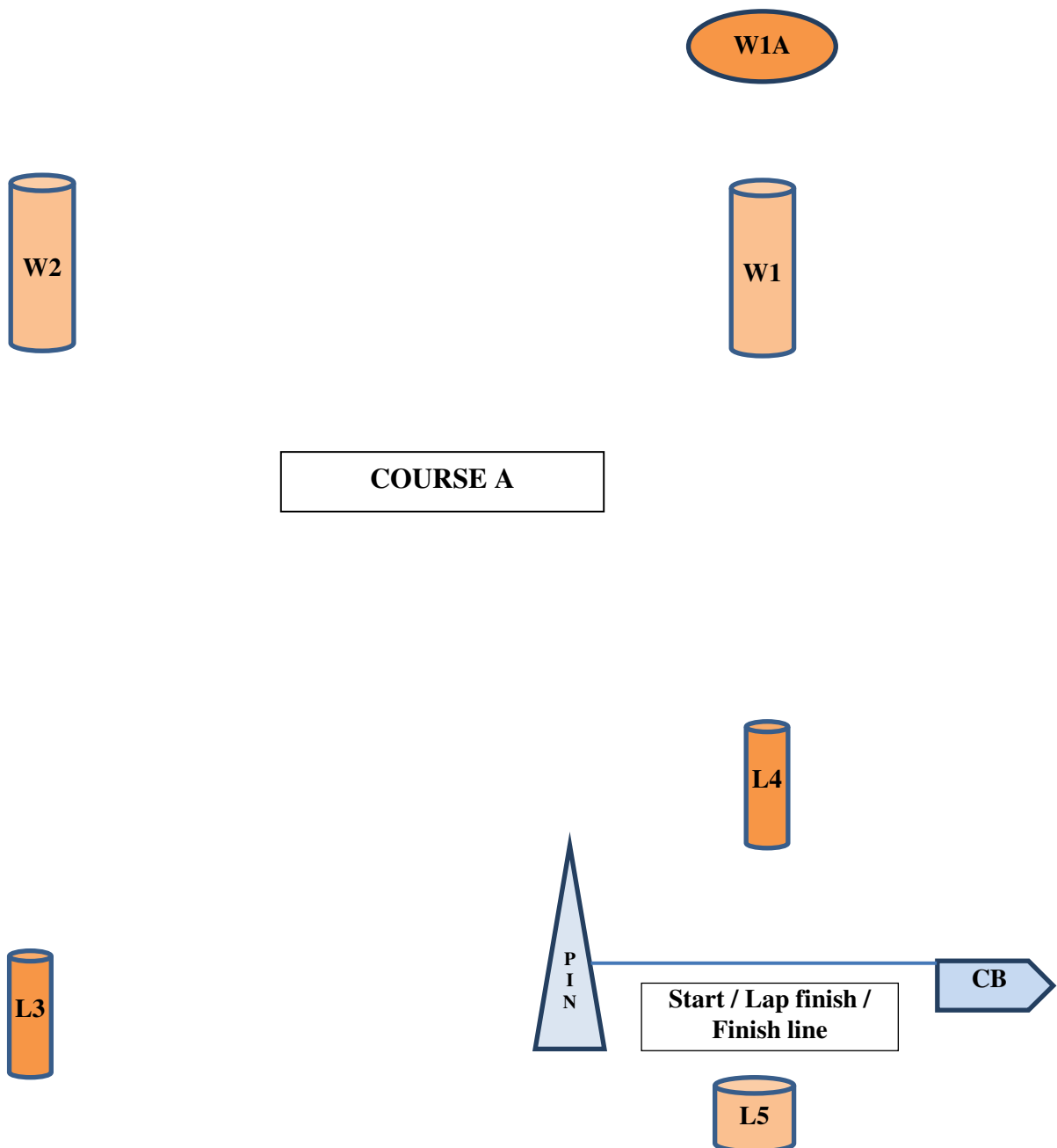
Course, number of laps and classes to be confirmed at briefing.

All marks to be left to port. Start/finish line to be crossed every lap.

Start / lap finish / finish line is between flag mast on committee boat and pin end buoy.

Lap definitions:

FLEET 1	FLEET 2	FLEET 3
Start	Start	Start
W1A (P)	W1 (P)	W1 (P)
W2 (P)	W2 (P)	L4 (P)
L3 (P)	L3 (P)	W1 (P)
W2 (P)	W2 (P)	W2 (P)
L3 (P)	L3 (P)	L3 (P)
L5 (P)	L5 (P)	L5 (P)
Lap finish/ Finish line	Lap finish/ Finish line	Lap finish/ Finish line



APPENDIX 2 – RACE AREA B (Schematic not to scale)
Course, number of laps and classes to be confirmed at briefing.

- Lap definitions:
1 Lap consists of:
Start
W1 (P)
W2 (P)
L3 (P)
L4 (P)
Start/Finish

